European curriculum vitae format





Personal information

Name Address Telephone Fax E-mail

Nationality

Date of birth

Work experience

- Dates (from to)
- Name and address of employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities
- Dates (from to)
- Name and address of employer
- Type of business or sector
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- Name and address of employer
- Type of business or sector
- Occupation or position held
- Main activities and responsibilities

Lazarides Christoforos 40 Konstantinoupoleos , Strovolos Nicosia 2045 Cyprus +357-22-752385 Mobile +357-99685950 +357-22-759020 chris.lazarides@trainmenow.eu

CYPRIOT

01/01/1963

March, 1992 - TODAY

CPL Computer Innovations ltd.

Integrated Computer Solutions, Retail management

CEC

 $General\ Managerial\ Duties\ ,\ Senior\ technical\ consultant\ , Reasercher, department\ coordinator$

June, 1987 – TODAY

CNG Infosystems 1td.

HRDA (Human resource Development authority Certified Training Center)

Business Automation Consultant – Professional Trainer

Operations Director until 1992 - Certified Trainer- Managing Director - today

General Managerial Duties , Creation and management of Multi company Training Courses, Marketing and administration , Certified Internal assessor , Professional Training Consultant

1986 - 1987

 $IBM\ Research\ Yorktown\ Heights\ USA\ Thomas\ J.\ Watson\ Research\ Center\ Research\ Facility$

Department electronic engineer in the recording transducers division (Research on Hard Drive technology), completed the redesign testing and debugging of the electronics of a Laser interferometer equipment, build to measuring the vibration note characteristics of recording transducers, for the departments research purposes amongst other electronics work.

recording transducers division electronic engineer

- Dates (from to)
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- Main activities and responsibilities

1985 - 1986

BLACK & DECKER USA consumer division

Consumer electronics design, research and testing

Worked in the quality control and research Labs of Black and Decker USA (consumer appliances division) as a test engineer of discrete electronic components, electronic board design and finished products.

Test and assistant design engineer

Education and training

- Dates (from to)
- Name and type of organization providing education and training
- Principal subjects/occupational skills covered
- Title of qualification awarded
- Level in national classification (if appropriate)

Personal skills and competences

Acquired during life and career but not necessarily covered by formal certificates and diplomas.

Mother tongue

Other languages

- · Reading skills
- Writing skills
- Verbal skills

Social skills and competences

Living and working with other people, in multicultural environments, in positions where communication is important and situations where teamwork is essential (for example culture and sports), etc.

Professional Certifications Muaythai

Organizational skills and competences

Coordination and administration of people, projects and budgets; at work, in voluntary work (for example culture and sports) and at home, etc. 1982 - 1987

University of Bridgeport USA

BS in Electronic Engineering , BS in Computer Engineering and BA in Music

Bachelor degree(s)

Effective Communication and Public relations and Negation Skills, Crisis management

Greek

English, Spanish - Basic

Excellent Excellent Excellent

Living and studying in the US from the age of 19 placed me in a Multicultural environment, where I managed to be a good teammate, where cross-functional teamwork was a must. With significant experience I apply effective leadership at work as well as in sports, where I have been a very active both as a competitor and a team leader and instructor.

Sports practiced to competition level: Judo, Karate, Muay Thai and formation Skydiving.. RW and Landing Accuracy

Leisure sports : Scuba diving

Muaythai International Certified Master Instructor (Muaythai Institute Thailand) – IFMA Educational System Instructor Examiner (IGLA)

I Have acquired excellent skills in communication and organization since I was serving in the Army as an officer in the special forces.

I served since then as a leader in many work projects and I am the President of a CMF (Cyprus Muay Thai Federation) Sports federation in CYPRUS.

I initiated and coordinated numerous activities that involved Sport Development seminars, trade shows , competition sports and successfully executed project planning where multinational communication skills are a key factor.

Page 2 - Curriculum vitae of Lazarides Chris For more information go to www.cedefop.eu.int/transparency www.europa.eu.int/comm/education/index_en.html www.eurescv-search.com

Technical skills and competences

With computers, specific kinds of equipment, machinery, etc.

Industrial Training and 500+ projects Implemented in Computer Hardware, Networks, computer communications, Operating system (s) UNIX, NOVELL, MS-WINDOWS, High Availability Server training with RAID configurations clusters and administration, UPS electronic training and testing, Document Management systems and CRM, Retail management solutions (RETAIL, HOSPITALITY, FASHION)

- Certified Corporate Trainer Coach and Mentor
 AI Driven Digital Transformation Strategy planning and implementation
 - Computer hardware and Operating systems
 - Heterogeneous Computer Networks and communications
 - Web Presence setup and optimization, Cloud solutions for Business
 - Network / web security planning and ethical hacking
 - Innovation management
 - BI (business Intelligence)
 - Digital and Social Media marketing
 - Web e-Shop development and web presence optimization
 - SEO, Google analytics, Content management and Blogging
 - e-Business Strategy and implementation and ERP systems
 - Customer experience and implementation of CRM strategy
 - TQM (Total quality Management)and Lean 6Sigma
 - Business process management and automation
 - Omnichannel Retail management
 - Hospitality management
 - Supply Chain and Stock management

Artistic skills and competences

Music, writing, design, etc.

Other skills and competences

Competences not mentioned above.

Studied classical guitar performance

B.A. University of Bridgeport college of music, Argentinian Tango, Latin Dancing for pleasure

High Degree of self discipline and persistence to achieve the goal set.

Hard working and dependable work well under pressure.

Creativity is my very strong point.

Driving license(s) YES

Additional information REFERENCES UPON REQUEST

Annexes

Links:

Retail and Hospitality Solutions
 Consultancy and Training
 Research
 www.curekanetwork.org

Research Project POSMA www.cyprusmuaythai.org

4. Muaythai <u>www.cyprusmuaythai.org</u>5. Skydiving www.skydivepegasus.org

6. Facebook Profile https://www.facebook.com/christoforos.lazarides

Video Presentations – GREEK

Παρουσιάσεις - ENTER ACADEMY

- 1. Συνέντευξη --- https://youtu.be/E-SLVhJfZsY
- 2. Μετασχηματιστική ηγεσία -- https://youtu.be/RMv5oguqr-E
- 3. Ηγετική Τέχνη (Λαζαρίδης Αλιφέρης) -- https://youtu.be/djE3d0EpTuU
- 4. AI Teaser -- https://youtu.be/4xvbUhoWjRg
- 5. AI Robots στην καθημερινότητα μας -- https://youtu.be/LZVgiyXiEPw

Clause Audit

1. Επιχειρησιακές Στρατηγικές από Σύμβουλο Αυτοματισμών Επιχειρήσεων https://youtu.be/0CV1CINvoUs

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For more information go to www.cedefop.eu.int/transparency www.europa.eu.int/comm/education/index_en.html www.eurescy-search.com